

About Us

Pasadena Villa Smoky Mountain Lodge is a residential mental health treatment center nestled in the mountains of East Tennessee, near Great Smoky Mountains National Park.

Set on a serene, nature-based campus with scenic mountain views, Smoky Mountain Lodge provides 24-hour structured care for adults navigating complex mental health conditions, including autism spectrum disorder and co-occurring substance use disorders. The proprietary Social Integration Model™ guides every treatment plan, building the real-world skills and confidence each person needs for lasting independence beyond treatment.

Clients also have exclusive access to animal-assisted therapy at The Stables Autism Program, a dedicated sister facility and one of the few programs of its kind in the country.

Conditions We Treat

- Anxiety disorders
- Autism spectrum disorder + neurodivergent tendencies
- Bipolar disorder
- Depressive disorders
- Mood disorders
- Post-traumatic stress disorder + trauma
- Obsessive-compulsive disorder
- Schizophrenia + other psychotic disorders
- Thought disorders
- Co-occurring substance use disorders

Therapies We Use

- Acceptance + commitment therapy
- Animal-assisted therapy
- Art + music therapy
- Beyond trauma: A healing journey for women
- Cognitive behavioral therapy
- Dialectical behavior therapy
- Experiential + recreational therapy
- Family therapy
- Individual + group therapy
- Listen-empathize-agree-partner (LEAP)
- Psychiatric evaluation + medication management
- Relapse prevention therapy
- Seeking safety



Levels of Care

Residential Treatment

In our residential treatment program, clients receive the highest level of supervision and support. By living on-site, clients can access continuous care and 24/7 nursing support, and participate in individualized therapy and education.

Partial Hospitalization Treatment

Our partial hospitalization program (PHP) offers treatment five days a week without housing and seven days a week with housing in beautiful mountain cabins. Clients have access to on-call support staff day or night and take part in individualized therapy and education. This unique program focuses on social integration, allowing clients to practice their skills through community activities and social outings.

Care Through Culinary™

At Pasadena Villa Smoky Mountain Lodge, food is part of the treatment. Care Through Culinary™ nourishes mind and body through well-balanced, thoughtfully prepared meals — building community, comfort, and connection as part of a whole-person approach to recovery. Shared dining experiences create a sense of belonging that extends beyond the table, reinforcing the social skills and daily routines that support lasting independence.



Smoky Mountain Lodge is PsychArmor-certified as a Veteran-Ready Healthcare Organization, providing specialized mental health treatment for military veterans and their families.



Smoky Mountain Lodge is accredited by The Joint Commission — the gold standard in behavioral health care quality. This recognition reflects our ongoing commitment to clinical excellence, client safety, and measurable outcomes.

Pasadena Villa®

Smoky Mountain Lodge

A proud part of Odyssey Behavioral Healthcare

Admissions | 865.832.6861

3889 Wonderland Lane
Sevierville, TN 37862

PasadenaVilla.com/SmokyMountainLodge

