

At Pasadena Villa Great Lakes, we offer compassionate, evidence-based mental health care in a safe and supportive environment. Whether a structured full-day program or a flexible part-time treatment is needed, our expert clinical team creates a personalized path toward recovery. We help clients gain the skills, confidence, and resilience required to thrive in everyday life.

Partial Hospitalization Program

Our partial hospitalization program (PHP) offers the highest level of outpatient care, providing structured, full-day treatment five days a week, allowing clients to return home in the evenings. This program also provides optional supportive housing, offering a safe, comfortable environment and added stability for clients transitioning from residential care.

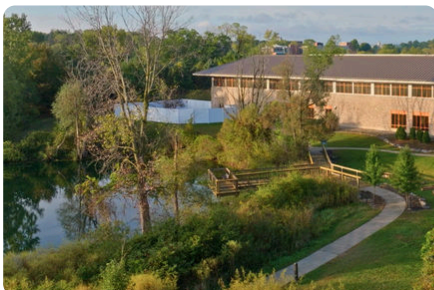
Intensive Outpatient Program

Our intensive outpatient program (IOP) offers a flexible treatment option — typically three days a week — for individuals transitioning from a higher level of care or seeking additional support while balancing work, school, or other commitments.

Treatment Approach

We combine proven therapeutic modalities with our signature Social Integration Model™, helping clients practice and strengthen new skills in real-world settings with the support of their therapist. Therapies include:

- Acceptance and commitment therapy (ACT)
- Cognitive behavioral therapy (CBT)
- Dialectical behavior therapy (DBT)
- Family therapy
- Individual therapy
- Medication evaluation + management
- Recreational therapy
- Seeking safety



Ready to take the next step?

Call us at 844.432.9843 to connect with our
compassionate admissions team and learn
how our PHP and IOP programs can
support lasting recovery.

Pasadena Villa®

Great Lakes

Pasadena Villa Great Lakes
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PasadenaVilla.com/greatlakes



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BEHAVIORAL HEALTHCARE

Pasadena Villa is a proud part of
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