

### About Us

To meet an ever-expanding need for psychiatric services in West Michigan and beyond, Pasadena Villa Great Lakes provides a residential facility for adults (18+) with complex mental health disorders and co-occurring substance use conditions.

Pasadena Villa Great Lakes provides a modern aesthetic in a therapeutic environment, ideal for healing and recovery. The facility includes areas for reflection, outdoor walking trails, a pond water feature, and a state-of-the-art wellness and fitness center.

### What We Treat & How We Treat

At Pasadena Villa Great Lakes, we treat a wide range of mental health disorders using evidence-based approaches tailored to each individual's needs. We offer multiple treatment options in an environment that promotes health, recovery, and personal motivation. Our programs are heavily rooted in our Social Integration Model, which is based on the belief that it's our utmost responsibility to prepare our clients for life after treatment.

### Therapies We Use

- Acceptance & commitment therapy (ACT)
- Cognitive behavioral therapy (CBT)
- Cognitive processing therapy (CPT)
- Dialectical behavior therapy (DBT)
- Experiential therapy
- Exposure & Response Prevention Therapy (ERP)
- Family therapy
- Individual & group therapy
- Medication-assisted treatment (MAT)
- Medication evaluation & management
- Polyvagal Therapy (PVT)
- Recreational therapy
- Relapse prevention
- Seeking safety

### Conditions We Treat

- Anxiety disorders
- Bipolar disorder
- Depressive Disorders
- Mood disorders
- Obsessive-compulsive disorder (OCD)
- Post-traumatic stress disorder (PTSD) & trauma
- Schizophrenia & other psychotic disorders
- Thought disorders
- Co-occurring substance use disorder (SUD)



## Levels of Care

### Residential Treatment

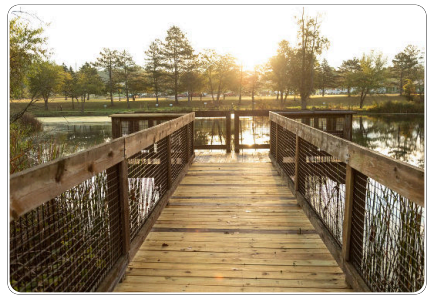
Our intensive residential program provides 24/7 supervision and support in a structured, therapeutic environment. Clients live onsite, receive continuous care, participate in specialized therapies, and build essential skills for lasting recovery. Each individualized treatment plan is designed to educate, empower, and promote sustained recovery.

### Partial Hospitalization Program (PHP)

Our partial hospitalization program (PHP) offers the highest level of outpatient care, providing structured, full-day treatment five days a week, allowing clients to return home in the evenings. This program also provides optional supportive housing, offering a safe, comfortable environment and added stability for clients transitioning from residential care.

### Intensive Outpatient Program

Our intensive outpatient program (IOP) offers a flexible treatment option for individuals transitioning from a higher level of care or seeking additional support while balancing work, school, or other commitments. Clients participate in a minimum of three days per week, with individualized plans that adapt to both clinical needs and life's demands.



## Care Through Culinary™

Food is often an overlooked component of quality care. However, we've found that serving high-quality, thoughtfully prepared, fresh, and nutritious food directly impacts how clients approach their treatment. Nourishing the mind and body is part of our whole-person approach to care, as it helps accelerate each individual's path toward recovery.



For us, culinary excellence means nourishing the mind and body through well-balanced meals, building supportive communities with others during meals, or enjoying foods that may be new along with the familiar smells and tastes of home.

*Pasadena Villa*®  
Great Lakes

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[PasadenaVilla.com/greatlakes](http://PasadenaVilla.com/greatlakes)

Pasadena Villa Great Lakes is a  
proud part of Odyssey Behavioral Healthcare.

**Questions?**  
Call Admissions  
at 844.432.9843.