

The Stables



PASADENA VILLA AUTISM PROGRAM

Admissions + Referrals | 866.629.3518

StablesAutismProgram.com

ABOUT THE STABLES AUTISM PROGRAM

At The Stables, we understand that not all great minds think alike. Designed for adults 18+, our program supports individuals with autism spectrum disorder (ASD) and neurodivergent traits in reaching their full potential through customized, person-centered care.

Set on a peaceful 25-acre property, our 9-bed, home-like environment offers a low staff-to-client ratio and immersive, real-life experiences that mirror daily challenges in school, work, and independent living.

The Stables serves as a bridge to independence, helping each client develop the skills, confidence, and self-direction necessary for long-term success and a more fulfilling life.





THE PASADENA VILLA DIFFERENCE

What sets us apart? Finding effective treatment for adults with ASD can be challenging. At The Stables Autism Program at Pasadena Villa, we tailor every aspect of care to meet each individual's unique needs in a supportive and understanding environment.

- 25+ years of clinical excellence
- Evidence-based, person-centered treatment
- Nature-based & animal-assisted therapy (AAT)
- Our signature Social Integration Model™

INDIVIDUALIZED, REAL-WORLD PROGRAMMING

The Stables offers an intimate setting focused exclusively on supporting adults with ASD and neurodivergent tendencies. Every aspect of our program — from the clinical approach to the daily schedule and therapeutic environment — is intentionally designed for this community, allowing for focused, personalized care that promotes meaningful and lasting recovery.

Clients participate in structured, real-world experiences designed to develop life skills and strengthen their readiness for independence across daily living, social, and vocational domains. Our Helping Hands Work Program reinforces responsibility and routine through daily tasks, including animal care and maintaining therapy spaces.

WHAT OUR CLIENTS SAY

Voices from Our Community



“ The Stables changed my life. The staff’s compassion made all the difference. I highly recommend it to anyone seeking deeper self-understanding. The animal-assisted therapy was exceptional and even helped me reconnect with my parents’ dog. I also formed meaningful bonds with other residents. For a truly transformative experience, choose The Stables.”

Grateful Alum

The Stables Autism Program, Pasadena Villa

“ This is a wonderful place. My son spent 3 months at The Stables after 12 years of struggle. Not only did they give me hope, but Cheryl Brown’s family sessions helped me understand my son in new ways. His confidence grew tremendously, supported by compassionate, professional staff and clear follow-up care.

Grateful Alum

The Stables Autism Program, Pasadena Villa



“ In 2023, a family member received professional, compassionate care at The Stables. The healing environment, excellent client-to-staff ratios, and bucolic country setting with animals supported recovery and growth. With off-site activities and genuine support, our family is eternally grateful for entrusting our loved one’s care to The Stables staff.

Grateful Alum

The Stables Autism Program, Pasadena Villa





THERAPIES + SERVICES

- Behavioral interventions
- Cognitive behavioral therapy
- Dialectical behavior therapy
- Experiential & family therapy
- Life skills development
- Mindfulness & motivational interviewing
- Nature-based & animal-assisted therapy
- Sensory integration therapy
- Vocational support & job-readiness



SKILLS + SUPPORT GROUPS

- Anger & behavioral control
- Anger management
- Co-occurring conditions
- Community meeting
- Cooking & life skills (GOALS)
- Healing through feeling
- Living well
- Medication support
- Self-responsibility & assertiveness



HELPING HANDS WORK PROGRAM

At The Stables Autism Program, we take a personalized and adaptive approach to autism treatment, ensuring that each client receives the support they need to thrive and reach their full potential. Our programming integrates evidence-based practices to meet clients where they are, helping them build confidence, coping strategies, and social and life skills.

Clients earn progress badges by completing daily tasks such as feeding animals, cleaning enclosures, and maintaining therapy spaces, which reinforces routine, accountability, and a strong work ethic. This hands-on experience builds confidence, essential life skills, and a sense of purpose, laying the groundwork for greater independence and future employment opportunities.

GRADUATION AT THE STABLES

Every client's journey ends with a heartfelt graduation ceremony — complete with caps, gowns, speeches, and meaningful keepsakes, such as a certificate, ribbon, horsehair bracelet, or keychain, and even a paw or nose print from their favorite animal. It's a celebration of growth, connection, and the road ahead.





PAYMENT OPTIONS

The Stables is a private-pay program. While we do not accept insurance, our admissions team is happy to walk you through your financial options and address any questions you may have.

READY TO LEARN MORE?

Call Admissions at **866.629.3518**. We're here for you.



The Stables is proudly certified by The Joint Commission, reflecting our dedication to delivering high-quality client care and maintaining a culture of clinical excellence.

The Stables



TAKE THE FIRST STEP TOWARD RECOVERY

Our admissions team is here to answer your questions and guide you through the process — it all begins with a simple phone call. With compassion and expertise, we'll walk beside you every step of the way.

Recovery is possible. Let The Stables Autism Program help your loved one heal.



WEBSITE

StablesAutismProgram.com

PHONE

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