

*At Pasadena Villa Great Lakes, we offer compassionate, evidence-based mental health care in a safe and supportive environment. Whether a structured full-day program or a flexible part-time treatment is needed, our expert clinical team creates a personalized path toward recovery. We help clients gain the skills, confidence, and resilience required to thrive in everyday life.*

### Partial Hospitalization Program

Our partial hospitalization program (PHP) offers the highest level of outpatient care, providing structured, full-day treatment five days a week while allowing clients to return home in the evenings. Experienced clinicians develop individualized treatment plans for each client to address their unique needs and promote meaningful, lasting progress.

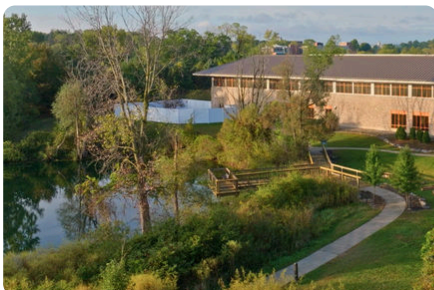
### Intensive Outpatient Program

Our intensive outpatient program (IOP) offers a flexible treatment option for individuals transitioning from a higher level of care or seeking additional support while balancing work, school, or other commitments. Clients participate in a minimum of three days per week, with individualized plans that adapt to both clinical needs and life's demands.

### Treatment Approach

We combine proven therapeutic modalities with our signature Social Integration Model™, helping clients practice and strengthen new skills in real-world settings with the support of their therapist. Therapies include:

- Acceptance and commitment therapy (ACT)
- Cognitive behavioral therapy (CBT)
- Dialectical behavior therapy (DBT)
- Family therapy
- Individual therapy
- Medication evaluation and management
- Recreational therapy
- Seeking safety



**Ready to take the next step?**

Call us at 844.432.9843 to connect with our  
compassionate admissions team and learn  
how our PHP and IOP programs can  
support lasting recovery.

*Pasadena Villa*®

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***Great Lakes***

Pasadena Villa Great Lakes  
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[PasadenaVilla.com/greatlakes](http://PasadenaVilla.com/greatlakes)



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BEHAVIORAL HEALTHCARE

Pasadena Villa is a proud part of the  
Odyssey Behavioral Healthcare.