

PHP Hours

Monday – Friday, 9:00 am – 4:00 pm

PHP Treatment

Our Partial Hospitalization Program (PHP) is grounded in evidence-based treatment approaches that promote meaningful, lasting change. Each client receives a highly individualized treatment plan developed by our expert clinicians to address their unique needs.

Our clinical team incorporates a variety of therapeutic modalities, including:

- Acceptance and commitment therapy (ACT)
- Cognitive behavioral therapy (CBT)
- Dialectical behavior therapy (DBT)
- Family therapy
- Individual therapy
- Psychiatric medication evaluation and management
- Recreational therapy
- Seeking safety

In addition to these therapies, we integrate our signature Social Integration Model™, which empowers clients to apply newly learned skills in real-life settings with the support of their therapist.



If you're interested in learning more about
our PHP treatment, give us a call at
844.432.9843 to speak with a
compassionate admissions team member.

Pasadena Villa®

Great Lakes

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