

Psychiatric Treatment Network

BRIDGING THE TREATMENT GAP

Expanding access to mental health care between acute hospitalization and individual outpatient therapy

challenges in daily life.

	CRITICAL ZONE Immediate Danger	INPATIENT TREATMENT (HOSPITALIZATION)	LIFE SIGNS
	,	 24/7 intensive care in a hospital setting. Ensures safety and stabilizes life-threatening symptoms. 	 Poses danger to self or others. Severe psychotic episodes and/or uncontrollable behaviors.
	HOT ZONE	RESIDENTIAL TREATMENT CENTER (RTC)	LIFE SIGNS
*	High Crisis	 24/7 structured support and intensive care in a live-in facility. 	 Severe mood swings, suicidal ideation, or self-harm behaviors.
		 Regains stabilzation, builds coping skills, and establishes a sense of self. 	Unable to manage daily life and relationships due to severe mental health conditions.
	WARM ZONE	PARTIAL HOSPITALIZATION PROGRAM (PHP) WITH HOUSING	LIFE SIGNS
*	Medium to Moderate Distress	Comprehensive daytime treatment offering a safe and supportive living arrangement at night.	 Ready to establish and anchor life skills but still in need of daily, supervised support. Struggles with emotional regulation and unable to return to work, school, or home life.
		• Structured therapy sessions for 5 to 6 hours a day, 5 days a week.	
	TRANSITIONAL	PARTIAL HOSPITALIZATION PROGRAM (PHP)	LIFE SIGNS
*	ZONE Moderate Distress	 Comprehensive treatment during the day, with the ability to return home at night. 	 Ready to establish and anchor life skills but still in need of daily, supervised support.
		• Structured therapy sessions for 5 to 6 hours a day, 5 days a week.	Struggles with emotional regulation, unable to return to work/school, able to return to home life.
\$\$ \$\$ \$\$ \$\$	COOL ZONE	INTENSIVE OUTPATIENT PROGRAM (IOP)	LIFE SIGNS
*	Mild to Moderate Struggles	Focuses on skill-building and relapse prevention with increased accountability and	Mild-to-moderate psychiatric symptoms that require more than weekly therapy.
		 Flexible treatment, often 3 to 4 hours a day, 3 to 5 days a week. 	 Able to demonstrate sustained growth while simultaneously balancing life responsibilities.
	BASELINE ZONE	OUTPATIENT SERVICES	LIFE SIGNS
	Maintenance Recovery	 Regular appointments with a therapist, psychiatrist, or support group. 	 Stable symptoms, but looking for direction on maintaining progress.
		Tailored to sustain long-term wellness.	Seeks coping strategies and guidance for minor challenges in daily life.

^{*}Levels of care available at Pasadena Villa.

Providing solutions to meet people where they are on their recovery journey.



From residential treatment to partial hospitalization and intensive outpatient programs, we're here to bridge the gap in the full continuum of care.

INPATIENT TREATMENT (HOSPITALIZATION)

Intensive 24/7 support in a hospital or psychiatric facility for individuals in crisis or at risk of harm. This highly structured setting ensures safety, stabilization, and immediate intervention before transitioning to the next level of care.

RESIDENTIAL TREATMENT

A structured, live-in environment for individuals who need long-term support beyond crisis stabilization. Residential treatment provides intensive therapy in a less restrictive setting, helping clients build coping skills and regain stability before transitioning to greater independence.

PARTIAL HOSPITALIZATION PROGRAM (PHP)

WITH HOUSING

An intensive program offered five days a week along with supportive, conveniently located housing. Ideal for individuals who require a high level of care complemented with overnight accommodations. This option provides treatment while easing the transition back to daily life.

PARTIAL HOSPITALIZATION PROGRAM (PHP)

An intensive day program that runs five days a week. In the evenings, participants return to their own home or supportive living environment, maintaining independence while receiving a high level of care.

INTENSIVE OUTPATIENT PROGRAM (IOP)

A treatment program that provides more support than traditional outpatient therapy. With day and evening options totaling 9 to 12 hours per week, IOP allows clients to receive intensive care while managing daily responsibilities.

OUTPATIENT SERVICES

Flexible, accessible care for individuals who receive therapy and other mental health services while living at home. Ideal for those with mild-to-moderate mental health conditions or transitioning from higher levels of care, these services are tailored to fit individual schedules.



Pasadena Villa has provided compassionate, evidence-based mental health treatment for over 25 years. We support clients at every stage of recovery with specialized, personalized programs to help them thrive.