

Smoky Mountain Lodge

Partial Hospitalization Program (PHP) Overview

PHP Hours

- PHP with Housing: Monday Sunday, 9:00 am 4:00 pm
- PHP without Housing: Monday Friday, 9:00 am 4:00 pm

PHP Treatment

Our primary mental health-based PHP is firmly rooted in evidence-based treatment methods supporting successful and life-changing outcomes. The clinicians develop highly individualized treatment plans to meet the specific needs of each client. Our clinical team utilizes multiple therapeutic modalities, including, but not limited to:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Family Therapy
- Individual Therapy
- Psychiatric Medication Evaluation and Management
- Recreational Therapy

In tandem with our therapeutic treatment modalities, our team utilizes our Social Integration Model[™], which enables clients to put skills learned into practice with the support of their therapist.

From PHP individuals can transition to our intensive outpatient program (IOP) level of care that allows individuals to increase their independence while still having therapeutic support.



If you're interested in learning more about our PHP treatment, give us a call at 865.832.6861 to speak with a compassionate admissions team member.

Pasadena Villa®

Smoky Mountain Lodge

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