

### About Us

To meet an ever-expanding need for psychiatric services in West Michigan and the surrounding region, Pasadena Villa Great Lakes provides a 64-bed residential facility for adults (18+) with complex mental health disorders and co-occurring substance use conditions.

Pasadena Villa Great Lakes provides a beautiful modern aesthetic in a therapeutic environment, ideal for healing and recovery. The facility includes areas for reflection, outdoor walking trails, a pond water feature, and a state-of-the-art wellness and fitness center.

### What We Treat & How We Treat

At Pasadena Villa Great Lakes, we treat a wide range of mental health disorders using evidence-based approaches tailored to the unique needs of each individual.

We offer multiple treatment options specific to each client in an environment that promotes health, recovery, and personal motivation. All our programs are heavily rooted in our Social Integration Model, which was created based on the belief that it's our utmost responsibility to prepare our clients for life after treatment properly.

### Conditions We Treat

- Anxiety disorders
- Co-occurring autism spectrum disorder (ASD)
- Co-occurring substance use disorder (SUD)
- Bipolar disorder
- Dual diagnosis
- Depression
- Mood disorders
- Post-traumatic thought disorder (PTSD) and Trauma
- Schizophrenia and other psychotic disorders
- Thought disorders

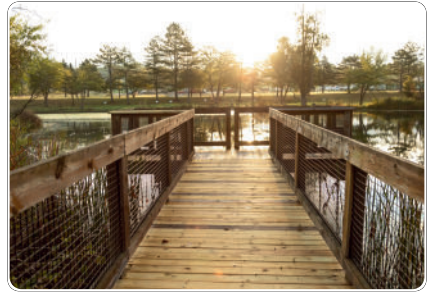
### Therapies We Use

- Art and music therapy
- Acceptance and commitment therapy (ACT)
- Cognitive behavioral therapy (CBT)
- Cognitive processing therapy (CPT)
- Dialectical behavior therapy (DBT)
- Experiential therapy
- Family therapy
- Individual and group therapy
- Medication evaluation and management
- Medication-assisted treatment (MAT)
- Relapse prevention
- Recreational therapy
- Seeking safety



## Residential Treatment for Mental Health Treatment

In our intensive residential treatment program, clients receive the highest level of around-the-clock supervision and support. By living onsite, clients have access to continuous care and constant support and participate in a variety of individualized therapy and education. Based on each client's needs, we create individualized treatment plans that are designed to educate, motivate, and ensure sustained recovery.



## Care Through Culinary™

Food is often an overlooked component of quality care. However, we've found that serving high-quality, thoughtfully prepared, fresh, and nutritious food has a direct impact on how clients approach their treatment. Nourishing the mind and body is part of our whole-person approach to care as it helps accelerate each person's path toward recovery.



For us, culinary excellence means nourishing the mind and body through well-balanced meals, building supportive communities with others during meals, or enjoying foods that may be new along with the familiar smells and tastes of home.



“Michigan and the surrounding region have a growing need for superior mental health and substance use treatment services. The Pasadena Villa Network is proud to be able to address this unmet demand by bringing our 20+ years of clinical expertise in treating complex mental health disorders at our West Michigan location and support individuals and families within this community and surrounding region.”

Eric Forestal MSW, MBA  
Chief Executive Officer

*Pasadena Villa*®  
Great Lakes

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Pasadena Villa Great Lakes is a  
proud part of Odyssey Behavioral Healthcare.

**Questions?**  
Call Admissions  
at 844.432.9843