

### *Great Lakes*

#### About

To meet an ever-expanding need for psychiatric services in West Michigan and the surrounding region, Pasadena Villa is excited to announce our new campus opening soon! Our 64-bed residential facility is for adults 18 and older with complex mental health and addiction disorders.

Pasadena Villa Great Lakes provides a beautiful modern aesthetic in a therapeutic environment, ideal for healing and recovery. Our new location includes areas for reflection, outdoor walking trails, a pond water feature, and a state-of-the-art wellness and fitness center.

#### What We Treat & Our Therapies

At Pasadena Villa Great Lakes, we treat a wide range of mental health conditions and substance use disorders using evidence-based approaches tailored to the unique needs of each individual.

We offer multiple treatment options specific to each client in an environment that promotes health, recovery, and personal motivation. All our programs are heavily rooted in our Social Integration Model, which was created based on the belief that it's our utmost responsibility to prepare our clients for life after treatment properly.

#### What We Treat

- Anxiety Disorders
- Co-occurring Autism Spectrum Disorder (ASD)
- Bipolar Disorder
- Dual Diagnosis
- Depression
- Mood Disorders
- Post Traumatic Thought Disorder (PTSD) and Trauma
- Psychosis
- Schizophrenia and Other Psychotic Disorders
- Substance Use Disorder
- Thought Disorders

#### How We Treat

- Art and Music Therapy
- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Dialectical Behavior Therapy (DBT)
- Experiential Therapy
- Family Therapy
- Individual and Group Therapy
- Medication Evaluation and Management
- Medication-Assisted Treatment (MAT)
- Relapse Prevention
- Recreational Therapy
- Seeking Safety





## RESIDENTIAL TREATMENT FOR MENTAL HEALTH & ADDICTIONS

In our intensive residential treatment program, clients receive the highest level of around-the-clock supervision and support. By living onsite, clients have access to continuous care and constant support and participate in a variety of individualized therapy and education. Based on each client's needs, we create individualized treatment plans that are designed to educate, motivate, and ensure sustained recovery.

## CARE THROUGH CULINARY™

Food is often an overlooked component of quality care. However, we've found that serving high-quality, thoughtfully prepared, fresh, and nutritious food has a direct impact on how clients approach their treatment. Nourishing the mind and body is part of our whole-person approach to care as it helps accelerate each person's path toward recovery.



For us, culinary excellence means nourishing the mind and body through well-balanced meals, building supportive communities with others during meals, or enjoying foods that may be new along with the familiar smells and tastes of home.



“Michigan and the surrounding region have a growing need for superior mental health and substance use treatment services. The Pasadena Villa Network is proud to be able to address this unmet demand by bringing our 20+ years of clinical expertise in treating complex mental health disorders to our newest location in West Michigan. We look forward to supporting individuals and families within this community and surrounding areas later this year.”

Eric Forestal MSW, MBA  
Chief Executive Officer

*Pasadena Villa*®

**Great Lakes**

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[pasadenavilla.com/greatlakes](http://pasadenavilla.com/greatlakes)

**For Admissions, call  
844.432.9843**

Pasadena Villa Great Lakes is a proud  
part of Odyssey Behavioral Healthcare