



Odyssey™

PSYCHIATRIC NETWORK



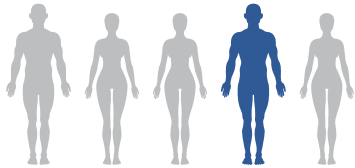
Clinical Outcomes Report
and Key Findings:

Mental Health and Addiction

2022 Edition

MENTAL HEALTH AND ADDICTIONS: AN UNRELENTING HEALTHCARE CRISIS

According to the National Alliance on Mental Illness (NAMI)¹ and the National Institute of Mental Health (NIMH)², among adults in the U.S.:



1 in 5 experienced
a mental illness

12,000,000+

had serious thoughts
of suicide



1 in 20 experienced
a serious mental illness



1 in 15 experienced both
a substance use disorder
and mental illness

HELPING THOUSANDS ON THEIR RECOVERY JOURNEYS

Odyssey Behavioral Healthcare is committed to providing compassionate, comprehensive, and the highest quality individualized psychiatric and psychotherapeutic residential treatment for adults of all genders who suffer from mental illness and/or substance abuse disorders. Our facilities are designed to meet the highest safety standards and to offer individuals warm and comfortable settings to recover. We offer long-term, sustainable solutions to help our clients achieve optimal levels of health and independence while maximizing social functioning in the real world.

"Clearview saved my life. They not only educated me on how to manage my own mental illness but educated my whole family on how to support a loved one living with a mental illness. I highly recommend the Clearview Women's Center and appreciate each and every staff member who helped me learn how to have a fulfilling life worth living."

– Grateful Clearview Alumnus



¹ https://www.nami.org/NAMI/media/NAMI-Media/Infographics/NAMI_2020MH_ByTheNumbers_Adults-r.pdf

² <https://www.nimh.nih.gov/health/statistics/mental-illness>

RESIDENTIAL SERVICES FOR MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Odyssey offers a continuum of services for complex psychiatric disorders, dual diagnoses, substance abuse, and process addictions for adults of all genders.



Founded in 2000, Clearview provides mental health and addiction treatment for adults at residential and outpatient levels of care.



Venice, CA



All Genders, Ages 18+



clearviewtreatment.com



Established in 1991, Lifeskills offers tailored detoxification, intensive residential and outpatient programs for adults suffering from mental health and substance use disorders.



Deerfield Beach, FL
Ft. Lauderdale, FL



All Genders, Ages 18+



lifeskillssouthflorida.com



With nearly 25 years of clinical expertise, Pasadena Villa provides a full continuum of evidence-based residential and outpatient programs for adults with complex psychiatric and autism spectrum disorder.



Orlando, FL &
Sevierville, TN



All Genders, Ages 18+



pasadenavilla.com



Founded in 2017 and part of Steps to Recovery Treatment Programs, Silver Pines provides detoxification and residential levels of care for adults suffering from addiction and mental health disorders.



Mahanoy City, PA



All Genders, Ages 18+



silverpinestreatmentcenter.com

Lifeskills South Florida



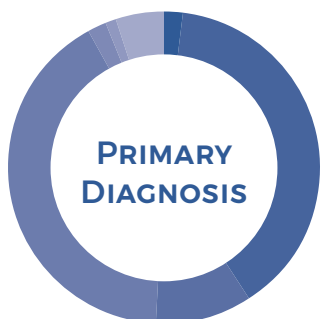
MENTAL HEALTH AND SUBSTANCE USE DISORDERS

DEMOGRAPHICS AND DIAGNOSES

Odyssey's mental health and addiction residential services are committed to providing compassionate, comprehensive, and the highest quality individualized psychiatric and psychotherapeutic care for adults who suffer from mental illness and/or substance abuse disorders while maximizing social functioning in the real world.

1840

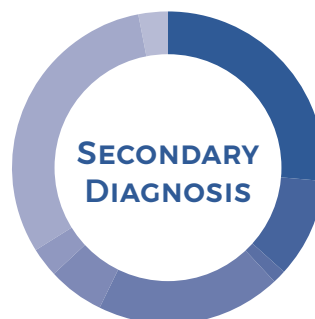
Total Discharges



- Anxiety Disorders: 2%
- Mood Disorders: 39%
- Thought Disorders: 10%
- Substance Use Disorders: 41%
- Trauma-Related Disorders: 2%
- Autism Spectrum Disorder: 1%
- Other: 5%

73%

clients had 2 or more co-occurring diagnoses confirmed at admission



- Anxiety Disorders: 18%
- Mood Disorders: 7%
- Thought Disorders: 1%
- Substance Use Disorders: 13%
- Trauma-Related Disorders: 4%
- Personality Disorders: 2%
- Autism Spectrum Disorder: 21%
- Other: 2%

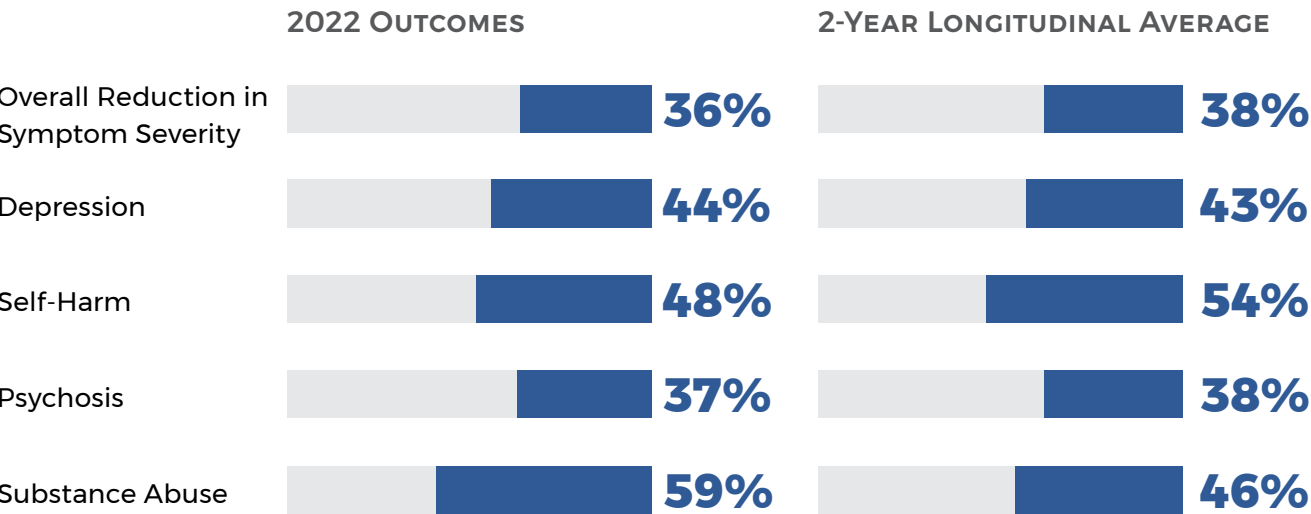
"Excellent, comprehensive care for mental health. Really helped me manage symptoms that had once been debilitating with informative groups and empowering one-on-one support. The continuum of care is gradual and supportive. It's hard work, but if you really take advantage of all the program's opportunities, it pays off."

- Grateful Lifeskills South Florida Alumnus



CLINICAL OUTCOMES

Measured using BASIS-24, Odyssey’s residential treatment program outcomes for mental health disorders and addictions include Clearview Treatment Programs, Lifeskills South Florida, Pasadena Villa, and Silver Pines Treatment Center. Additionally, Lifeskills also leverages a battery of other inventories to measure changes in behavior and functionality, along with a 4-year longitudinal study to evaluate client progress over time. Learn more by visiting lifeskillssouthflorida.com/outcomes.



“Silver Pines absolutely changed my life. This place has a special spot in my heart for the rest of my life. If you need to acquire the tools and knowledge to take back your life and live it to its absolute fullest, Silver Pines is for YOU!”

– Grateful Silver Pines Alumnus



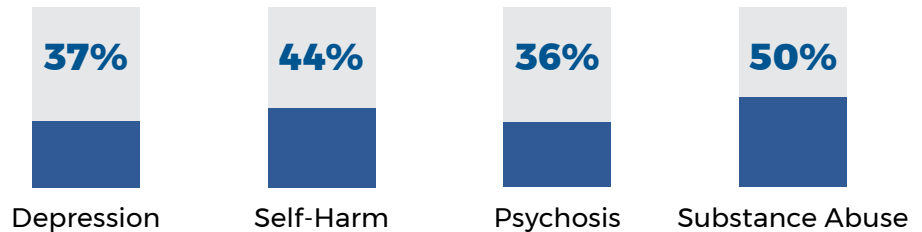
LONGITUDINAL CLINICAL RESULTS

Multi-year or longitudinal studies provide a unique insight into changes that happen over time. This longer view allows us to incorporate data across seasons and varying client populations to better understand the impact our clinical programs have towards impacting behavior and symptom change.

CLEARVIEW TREATMENT PROGRAMS (2-YEAR AVERAGE)

Overall Reduction in
Symptom Severity

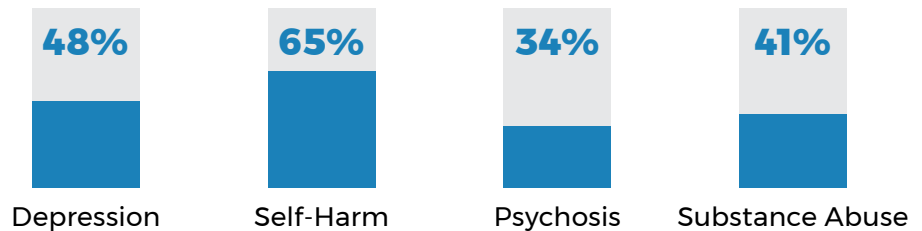
↓ **35%**



LIFESKILLS SOUTH FLORIDA (4-YEAR AVERAGE)*

Overall Reduction in
Symptom Severity

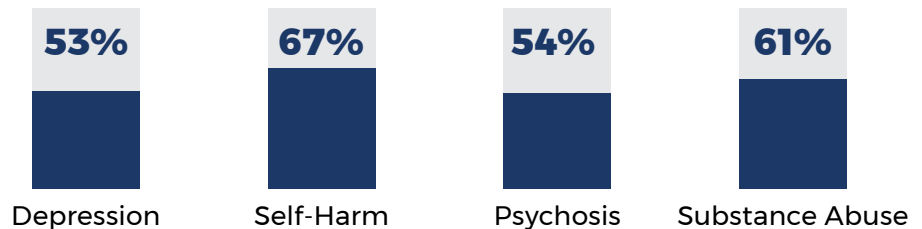
↓ **41%**



PASADENA VILLA (2-YEAR AVERAGE)

Overall Reduction in
Symptom Severity

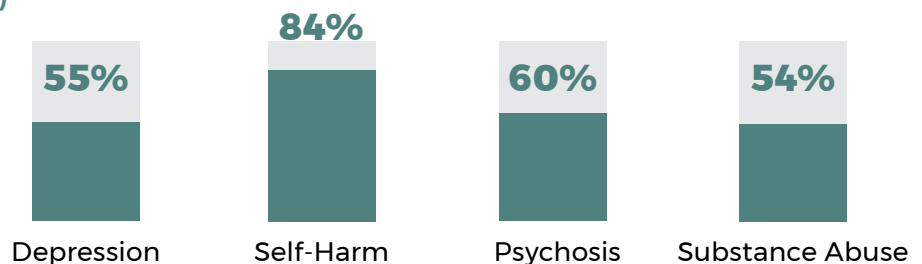
↓ **47%**



SILVER PINES (1-YEAR RESULTS)

Overall Reduction in
Symptom Severity

↓ **52%**



* In addition to BASIS-24, Lifeskills leverages a battery of inventories to measure changes in behavior and functionality. Learn more by visiting lifeskillssouthflorida.com/outcomes.

METHODOLOGY AND ASSESSMENT TOOLS

MEASURES

Odyssey Behavioral Healthcare partners with Harvard and McLean Hospital to collect and analyze our treatment outcomes using the 24-item Behavior and Symptom Identification Scale (BASIS-24). Additionally, Lifeskills South Florida includes several additional assessments, including the Difficulties in Emotional Regulation Scale (DERS), Brief Psychiatric Rating Scale (BPRS), Drug Attitude Inventory (DAI), and the Short Post-Traumatic Stress Disorder Rating Interview (SPRINT) to better understand impact and guide program development.

BASIS-24 ASSESSMENT

Our facilities use BASIS-24, a leading behavioral assessment tool, to identify a wide range of symptoms and problems that occur across the diagnostic spectrum. Using a five-point Likert scale, the 24 questions are scored using a weighted average algorithm that gives an overall score and scores for six subscales. These subscales cover the following domains: depression, relationships, self-harm, emotional lability, psychosis, and substance abuse. The questionnaire was administered at admission, mid-treatment, or every 30 days, and again at discharge.

SAMPLE SIZES AND COMPLETION RATES

Program Type	BASIS-24	BASIS-24
	# of Intake Surveys Completed	# of Discharge Surveys Completed
Mental Health and Addiction	1030	721

"Wow, I can't even imagine where to begin in my praises of this facility! For starters, I have never encountered a more sensitive and empathetic treatment team that so accurately customizes their treatment to each individual. Lifeskills is by far the quintessential treatment center for anyone struggling with substance abuse or dual diagnosis issues. Highly recommended!"

– Grateful Lifeskills Alumnus



"This facility completely changed my life. There was a time when I couldn't speak or eat and now, I'm a productive member of society working two jobs, living on my own, and paying my own bills. I was taught techniques and ways to keep myself stable and to keep myself going. I owe this place so much for getting me to where I am today. I never thought I would "live" again, but here I am."

– Grateful Pasadena Villa Alumnus



As a part of Odyssey Behavioral Healthcare, each treatment facility provides individualized, high-quality care for adults suffering from mental illness and/or substance use disorders.

INSURANCE

Our facilities have agreements with most major insurance companies that provide benefits for mental health and substance use disorder treatment, while some of our facilities only offer private pay. We can also create single-case agreements with many providers, and we work with each client to establish a financial plan that best meets their needs.



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odysseybehavioralhealth.com