



Pasadena Villa
Psychiatric Residential Treatment Centers

Premier Psychiatric Treatment through Social Integration

Pasadena Villa

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Customized Social Integration Based Treatment Providers

Promoting Mental Health and a Socially Fulfilling Future



All of our facilities are proud to be Joint Commission Accredited.



Pasadena Villa's Social Integration Model

As an innovator in mental health residential treatment and transitional services for adults, our internally developed Social Integration Model is the blueprint to an authentic treatment experience used to ensure treatment concepts are not only presented and reviewed, but they are experienced, analyzed and processed with professional guidance, and then implemented by residents.

Residents learn and actively practice while in treatment to understand, apply and retain the skills residents are introduced to actual situations while being accompanied by our licensed professionals to review behaviors and treatment concepts.

Many go from being hesitant and scared to live life, to being excited and ready for a promising new future to begin.

Diagnoses We Treat

Pasadena Villa is a provider of psychiatric residential, transitional and support services for adults (18 and over) with cognitive, emotional, developmental and social deficits. All residents are voluntary and provide consent for treatment.

We specialize in clinical diagnoses that include (but not limited to):

- **Social and interpersonal deficits** - Severe social anxiety, Attention Deficit Disorders, & Tic Disorders
- **Anxiety Disorders** - Generalized Anxiety Disorder, Obsessive-Compulsive Disorder, & Panic Disorder
- **Pervasive Developmental Disorders** - Autism Spectrum Disorders (PDD-NOS)
- **Thought Disorders** - Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder & Psychosis NOS
- **Mood Disorders** - Bipolar Disorders, Depression & Depressive Disorder

Core Treatment Programming Components

- **Review & Synthesis of clinical records**
- **Psychiatric Evaluation**
- **Medication Assistance, Management & Education**
- **Individual, Group & Family Psychotherapies**
- **Equine/Animal Assisted Therapy**
- **Art & Music Therapy**
- **Psycho-Educational Groups**
- **Academic Support & Social Mentoring**
- **Housing & Community Living Support**
- **Life Skills & Independent Living Skills Training**
- **Social & Cultural Recreational Therapy Activities**
- **Case Management & Discharge Planning**





Our Levels of Care

There are multiple points of entry, and when appropriate residents may be admitted to any level of care. Also, residents may move between levels of care as progress is made, or when more intensive services are needed, and enjoy a seamless continuity of care.

- **Intensive Residential Treatment** – Our most intensive level of care, Intensive Residential Treatment offers a very high staff to resident ratio, 24 hour staffing, and a variety of therapies, education and support in a safe, comfortable environment.
- **Community-Based Residential Treatment** – Less intensive residential care provided in gender specific homes within the community. These homes offer some day and nighttime supervision by our staff, but supervision on premises is not provided 24 hours per day. On-call staff are available at all times 24 hr/day 7 days/wk, as well as customized interventions to promote independence and recovery. Residents may participate in programming full-time at Pasadena Villa and/or TLLC during the daytime hours as determined in their individual treatment plans.
- **Day Treatment** – Day Treatment is more intensive than outpatient care, but less intensive than our community-based residential treatment. Residents live quasi-independently in their own residences and participate in therapeutic activities during the day and even on weekends. We assist residents with re-integration into the community, including college, the work force, social and interpersonal relations, and a variety of recreational, social and cultural activities.
- **Supported Housing** – Supported Housing provides a myriad of housing, social and life skills support all designed to promote independence, social integration and the highest levels of personal functioning possible.

Premier Tennessee Facilities

Pasadena Villa's Smoky Mountain Lodge is located just outside of the Great Smoky Mountain National Park and is a contrast to the city environment of Pasadena Villa Orlando. The program, licensed by the Department of Mental Health, offers private and semi-private bedrooms and large activity areas in a serene mountain environment. Our proximity to the National Park allows us to incorporate a variety of outdoor recreational activities into the programming. Many social, cultural and recreational activities in Pigeon Forge, Gatlinburg and Knoxville allow for full implementation of our Social Integration Model.

The Stables at Smoky Mountain Lodge is our exclusive Equine/Animal Assisted Therapy location. Located close to the Lodge and positioned on over one hundred acres, the facilities overlook a beautiful farm setting of rolling hills and pastures. With a wide range of therapy animals, there is something for every resident's comfort level. Residents have the opportunity to interact with a number of different horses, sheep, goats, dogs, cats and even exotic rabbits. The Stables proudly utilizes rescue horses in our Equine/Animal Assisted Therapy program to provide residents with a powerful and mutual healing experience.

Day Treatment Supportive Housing provides opportunities for residents to live as independently as possible within the community surrounding our facilities and to integrate socially into the world around them. Our gender-specific, community centered housing offers a comfortable home-like environment that promotes independence. In this nurturing environment, our staff provides treatment and support services customized to guide each resident to reach his or her highest levels of functioning.





Premier Florida Facilities

Pasadena Villa Orlando is located in beautiful downtown Orlando, Florida. Our original 14-bed residential treatment facility, offers private and semi-private bedrooms and is licensed by the Florida Agency for Health Care Administration. Many exciting social, cultural and recreational activities in Central Florida allows for full implementation of our Social Integration Model. Activities like rock climbing, golfing, canoeing, horseback riding, bowling, tubing and shopping are some of our current Social Integration interventions chosen by residents. Daily outings include group expeditions to many exciting locations like local theme parks, museums, beaches and theatres.

Community Residential Homes promotes independence by providing opportunities for residents to live in the community surrounding our facilities and to integrate socially into the world around them. Our gender-specific supportive housing offers a safe environment where our staff provides a host of treatment and support services customized to guide each resident to the highest levels of functioning possible.

Pasadena Villa's Transitional Living and Learning Center offers a safe and comfortable place to assist young adults in reaching their full potential. It is located in downtown Orlando, Florida where our licensed clinical staff guides residents toward a more independent living, and helps to build coping skills necessary to handle the life stressors that are sure to occur. The goal is to build skills and patterns for a productive and healthy living transferable to any setting.

Admissions

All referrals and inquiries begin with a call to our Admissions Staff, specialized in client intake and assessment.

On this call, they will obtain pertinent clinical and demographic information, and begin the assessment process.

They will also request certain records for clinical review, including:

- **Most recent psychiatric evaluation**
- **Most recent psycho-social and physical history**
- **Most recent clinical notes** (if in a treatment program)
- **List of current medications** (dosage and frequency)
- **Other clinical or educational records that may be useful**

All potential residents are encouraged to contact Admissions to help assist with our online pre-application for treatment.

Applications may be completed by the client, a parent or a professional referent.



Fees

To maintain the lowest rates for treatment with the highest quality of care, all of Pasadena Villa's programs are primarily private payment. Therefore, families/ guarantors are responsible for the cost of treatment. Treatment costs are determined by the individual's level of care and the program that will be providing services. Our fees are all-inclusive daily rates, which include all clinical services, attending psychiatrist fees, program activities and room and board.

We do not accept Medicare, Medicaid or SSI (Supplemental Security Insurance).



**To make a referral
contact Admissions at
(877) 845-5235,
or visit
www.pasadenavilla.com**





Experts in Social Integration Based Residential Treatment for:

Schizophrenia

Anxiety Disorders

Bipolar Disorders

Thought & Mood Disorders

Autism Spectrum Disorders

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