



Pasadena Villa®

Residential Psychiatric Services
Social Integration Model

*Promoting Mental Health and
a Socially Fulfilling Future*



Pasadena Villa Social Integration Model[®]

Our Social Integration Model is the very essence of our programs and a direct representation of our uncompromising service to residents and families, with the most unique and meaningful treatment experiences possible.



Pasadena Villa[®]

Residential Psychiatric Services

Social Integration Model

Social integration therapy is therapy based on real time interventions while experiencing real life situations. They are used to ensure social and life skills treatment concepts are not only presented and reviewed, but they are experienced in the moment, analyzed and processed with professional guidance, and then implemented by residents. By providing real life treatment experiences, we build appropriate interpersonal skills so residents can rebuild relationships with their community, family and friends, and even to make new acquaintances.

Pasadena Villa's Social Integration Model is based on providing an authentic treatment experience that will be applied to a resident's everyday life after treatment. For residents to accurately understand, apply and ultimately retain the skills learned in treatment, they must be introduced to real life situations that they would perhaps seek or encounter in their daily lives while being accompanied by our licensed professionals to present and review the relevant treatment concepts and their behaviors. Our residents get to learn and practice what they learn while in treatment to help prepare them for their everyday lives afterward.

Who We Are

Mission

Pasadena Villa Network of Services is committed to providing compassionate, comprehensive, and the highest quality individualized psychiatric and psychotherapeutic care for adults who suffer with severe and persistent mental illness, while maximizing social functioning in the real world.

Core Values

First and foremost, we believe every person can live a happy, productive and healthy life. We believe that every resident has the ability to learn, grow and recover. We also believe that every family who entrusts us with their loved one can once again come together and enjoy life's journey together.

Second, we rigorously follow our Social Integration Model because we believe it is incumbent upon us to prepare our residents for life outside of any treatment program. To us, it is less important how our residents function within the comfort of our facilities, and more important how they function out in the real world.

Third, we believe in treating all residents with compassion, and our programs are designed in ways that preserve and protect their dignity. We use every opportunity to increase the self-confidence of our residents as they learn new and different ways to cope with the real world.

Lastly, we believe in creating an environment, in all of our continuum offerings, that is safe, comfortable, relaxed, and most importantly, highly professional. We strive to create an environment where our employees love to work, and where residents and families are open to learning new ways of living and coping.



All Pasadena Villa Residential Psychiatric Services facilities are proud to be Joint Commission Accredited.

Preparing Residents for Life Beyond Treatment

As the basis for all of our programs, our unique and internally developed Social Integration Model is rooted in the belief that it is our utmost responsibility to prepare our residents for life outside of treatment.

Our residents receive expert clinical care and guidance from our licensed clinical staff in real situations and in a natural environment. They get to enjoy the many fun and rewarding experiences that life has to offer within the local community, while practicing the life skills necessary to have a socially fulfilling future after treatment.

Our licensed clinicians observe situations relevant to our residents such as recreational, social and life skills activities then intervene as appropriate. Clinicians constantly work and mingle directly with the residents in their environment providing continuing guidance and feedback in the moment.

Through an effective therapeutic alliance with our clinicians, ongoing feedback, support and direction are provided to help guide the therapeutic process, to assist the resident to meet his or her individualized treatment goals and regain control of their lives.

View of Cove Mountain from Pasadena Villa's Smoky Mountain Lodge.



Who We Serve

We serve adults (18 and over) with cognitive, emotional, developmental and social deficits. Some of the diagnoses we treat include:

- ▶ Thought Disorders
 - Schizophrenia
 - Schizoaffective Disorder
 - Schizophreniform Disorder –
- Psychosis NOS
- ▶ Mood Disorders
 - Bipolar Disorders
 - Depression
 - Depressive Disorder
- ▶ Pervasive Developmental Disorders
 - Asperger’s Syndrome
 - Pervasive Developmental Disorder (PDD-NOS)
- ▶ Social and interpersonal deficits
 - Severe social anxiety
 - Attention Deficit Disorders
 - Tic Disorders
- ▶ Anxiety Disorders
 - Generalized Anxiety Disorder
 - Obsessive-Compulsive Disorder
 - Panic Disorder

All residents are voluntary and provide consent for treatment.

Clinical and Social Integration Services

- ▶ Review and Synthesis of prior clinical records
- ▶ Psychiatric Evaluation
- ▶ Medication Management and Medication Education
- ▶ Assistance with Medication Administration and Self-Sufficiency
- ▶ Individual, Group and Family Psychotherapies
- ▶ Cognitive Behavioral Therapy (CBT)
- ▶ Dialectical Behavioral Therapy (DBT)
- ▶ Psycho-Educational Groups
- ▶ Individual and Group Therapy for Addiction and Substance Abuse
- ▶ Relapse Prevention Planning
- ▶ Assistance with 12-step and Recovery Services
- ▶ Recreational and Activities Therapies
- ▶ Art Therapy
- ▶ Equine/Animal Assisted Therapy
- ▶ Music Therapy
- ▶ Discharge planning and care coordination
- ▶ Social and Cultural Activities within the Community
- ▶ Case Management and Service Coordination
- ▶ Academic Support and Academic Accommodations
- ▶ Housing and Community Living Supports
- ▶ Life Skills and Independent Living Skills Training
- ▶ Social Mentoring



Pasadena Villa Orlando

Pasadena Villa Orlando, Florida

Our coed, intensive residential treatment facility in Orlando, Florida was one of the first programs in the country to base its treatment upon social integration. Pasadena Villa® – Orlando is located in the “cultural corridor” of Central Florida, and is a 14-bed residential treatment facility licensed by the Florida Agency for Health Care Administration.

The program at Pasadena Villa® revolves around a comprehensive plan of education, support and therapy. All residents have a primary therapist who coordinates a myriad of individual and group activities, and assists them in making real gains toward independent living. The residents’ nutrition and fitness are assessed, and our recreational therapist develops and coordinates an active program to improve their physical and nutritional wellness.

*Pasadena
Villa
Orlando
Bedroom*





Smoky Mountain Lodge

Pasadena Villa's Smoky Mountain Lodge

Located just outside of the Great Smoky Mountain National Park, Pasadena Villa's Smoky Mountain Lodge provides a serene mountain environment. The close proximity to the National Park allows us to incorporate a variety of outdoor recreational activities into the programming. Also, social, cultural and recreational activities in Pigeon Forge, Gatlinburg and Knoxville allow for full implementation of our Social Integration Model.

The program, licensed by the Department of Mental Health, offers large activity areas in an awe-inspiring mountain lodge setting. With breathtaking views of the Great Smoky Mountains and spectacular on-site formal gardens, Smoky Mountain Lodge is an immaculate facility built with local Tennessee ledge stone, nestled in the mountainside.

Smoky Mountain Lodge offers private and semi-private bedrooms, large activity and exercise rooms, and captivating views. Culinary staff provide healthy meals served "family style" at our artisan built 48 foot long banquet table.



SML Bedroom

The Stables at Smoky Mountain Lodge

The Stables at Smoky Mountain Lodge is a nearby adjunct 80 acres of beautiful rolling hills, forests and fields where we conduct equine/animal assisted therapy and other outdoor and animal assisted interventions. In addition to the stables that house the therapy horses, there is an onsite group activities building.



WHAT IS EQUINE/ANIMAL ASSISTED THERAPY?

Equine/animal assisted therapy uses horses and animals in experiential based therapy sessions with a therapist and an animal care specialist. The focus is to promote growth and learning in an individual's life in a non-traditional venue. There are many self-improvement skills to be learned from participating in equine/animal assisted therapy sessions, some of which include:

- ▶ Verbal communication
- ▶ Nonverbal communication
- ▶ Responsibility
- ▶ Imagination
- ▶ Accountability
- ▶ Increased self esteem
- ▶ Problem solving
- ▶ Assertiveness
- ▶ Creative thinking
- ▶ Leadership
- ▶ Teamwork
- ▶ Overcoming fears
- ▶ Increasing self-worth
- ▶ Anger management
- ▶ Empathy

The Stables at Pasadena Villa's Smoky Mountain Lodge



Community Residential Homes

We are dedicated to providing opportunities for residents to live as independently as possible within the community surrounding our facilities and to integrate socially into the world around them.

Our gender-specific Community Residential Homes offer a safe, comfortable home-like environment that promotes this independence. In this nurturing environment, our staff provides a host of treatment and support services customized to guide each resident to reach his or her highest levels of functioning possible.



All of the shown images are actual Community Residential Homes available at both facility locations within our programs.



Pasadena Villa's Transitional Living and Learning Center

TLLC Orlando, Florida

The TLLC is designed to assist young adults in reaching their full potential. It is a safe place located in Orlando, Florida where our licensed clinical staff guides residents toward more independent and productive living, while at the same time building coping skills necessary to handle adversity and life stressors that are sure to occur.

Our goal is to build skills and patterns of successful, healthy living that are transferable to any setting, anywhere.



Pasadena Villa's University Mental Health Program

We are dedicated to providing opportunities for residents to live as independently as possible within the community surrounding our facilities and to integrate socially into the world around them. Our Transitional Living and Learning Center and gender-specific Community Residential Homes offer a safe, comfortable home-like environment that promotes this independence. In this nurturing environment, our staff provides a host of treatment and support services customized to guide each resident to reach his or her highest levels of functioning possible.

The UMHA program is designed for college and university students whose mental health issues have impacted their academic and social lives so that the continued college experience is at risk. This program utilizes various clinical levels of care, academic support, life skills training and social mentoring so the student can return to the college or university as a student who is clinically stable, emotionally regulated, equipped in self-advocacy, socially confident and motivated to pursue higher education.

*Pasadena
Villa
Orlando
Facility
Front*



Levels of Care

There are multiple points of entry, and residents may be admitted to any level of care (when appropriate), without having to start at the most intensive level. Residents may move between levels of care as progress is made, or when more intensive services are needed, and enjoy continuity of care from the clinical team.

Admissions – All referrals and inquiries begin with a call to admissions staff. On this call, staff will obtain pertinent clinical and demographic information, and begin the assessment process. They will also request that certain records be forwarded for clinical review.

Intensive Residential Treatment – Our most intensive level of care, Intensive Residential Treatment offers a very high staff to resident ratio, 24 hour staffing, and a variety of therapies, education and support in a safe, comfortable environment.



Community-Based Residential Treatment – Less intensive residential care provided in gender specific homes within the community. These homes offer some day and nighttime supervision by our staff, but supervision on premises is not provided 24 hours per day. On-call staff are available at all times 24 hr/day 7 days/wk, as well as customized interventions to promote independence and recovery. Residents may participate in programming full-time at Pasadena Villa and/or TLLC during the daytime hours as determined in their individual treatment plans.



Day Treatment – Day Treatment is more intensive than out patient care, but less intensive than our community-based residential treatment. Residents live quasi-independently in their own residences and participate in therapeutic activities during the day and even on weekends. We assist residents with re-integration into the community, including college, the work force, social and interpersonal relations, and a variety of recreational, social and cultural activities.



Supported Housing – Supported Housing provides a myriad of housing, social and life skills support all designed to promote independence, social integration and the highest levels of personal functioning possible.



Pasadena Villa's Smoky Mountain Lodge

Admissions for:



Pasadena Villa[®]
ORLANDO



Pasadena Villa's
SMOKY MOUNTAIN LODGE

All referrals and inquiries begin with a call to our Admissions Staff, who are specialists in client intake and assessment. On this call, they will obtain pertinent clinical and demographic information, and begin the assessment process. They will also request that certain records be forwarded to them for clinical review, including:

- ▶ Most recent psychiatric evaluation
- ▶ Most recent history and physical
- ▶ Most recent psycho-social history
- ▶ Most recent clinical notes (if in a treatment program)
- ▶ List of current medications (dosage and frequency)
- ▶ Other clinical or educational records that may be useful

All potential residents are encouraged to contact our Admissions Staff to help assist in the completion of our convenient Online Application for treatment.

The application may be completed by the client, a parent or a professional referent.



*Group
Therapy
Session at
Pasadena
Villa's
Smoky
Mountain
Lodge*

Fees

All of the programs in the Pasadena Villa system are generally private pay, and families/guarantors are responsible for the cost of treatment. But, we are genuinely committed to assisting our families in any way possible to allow them to access services. In this pursuit, we have policies in place that allow us to assist families with verification of insurance benefits and the filing of claims, when applicable.

The costs of treatment are determined by the individual's level of care and which program will be providing services. Our fees are per diem (daily) all-inclusive rates, which include all clinical services, attending psychiatrist fees, program activities and room and board. The costs of medication are not included in the daily rate.

*We do not accept Medicare, Medicaid
or SSI (Supplemental Security Insurance).*

Centers of Excellence

Our programs are recognized as clinical centers of excellence by colleges and universities that place practicum and intern students at our sites for training purposes. Some of the schools for whom we provide clinical placements and supervision include the University of Central Florida, Rollins College, Valencia Community College, Full Sail University, Seminole State College of Florida, Stetson University, the Florida Hospital College of Health Sciences, Remington College of Nursing and Palm Beach Atlantic University. Pasadena Villa is a training site for medical students at the University of Central Florida College of Medicine.



*To make a referral
or for more information,*

contact our Admissions Coordinator at (877) 845-5235,
or visit our website at www.pasadenavilla.com





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