

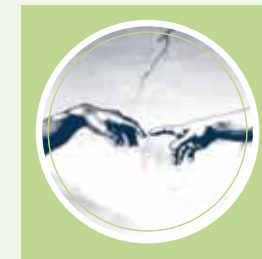
Pasadena Villa[®]
Network of Services

*Promoting Mental Health and
a Socially Fulfilling Future*



Mental “HEALTH”

“A state of successful performance of mental function, resulting in productive activities, fulfilling relationships with other people, and the ability to change and to cope with adversity.”



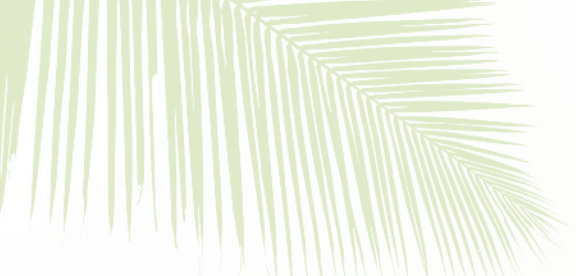
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Some people suffer from *biological changes in brain anatomy, chemistry and function*, and this results in what is commonly called “mental illness”. These physical brain disorders are scientifically verifiable and diagnosable, and are conditions that change a person’s thinking, feelings or behavior and that cause the person distress and difficulty in functioning.

How do we address the varying and complex aspects of the relationship between the biology of the brain and an individual’s thoughts, feelings, behaviors and overall difficulty in social functioning? This is achieved through full implementation of our internally developed Social Integration Model.

Pasadena Villa Social Integration Model[®]

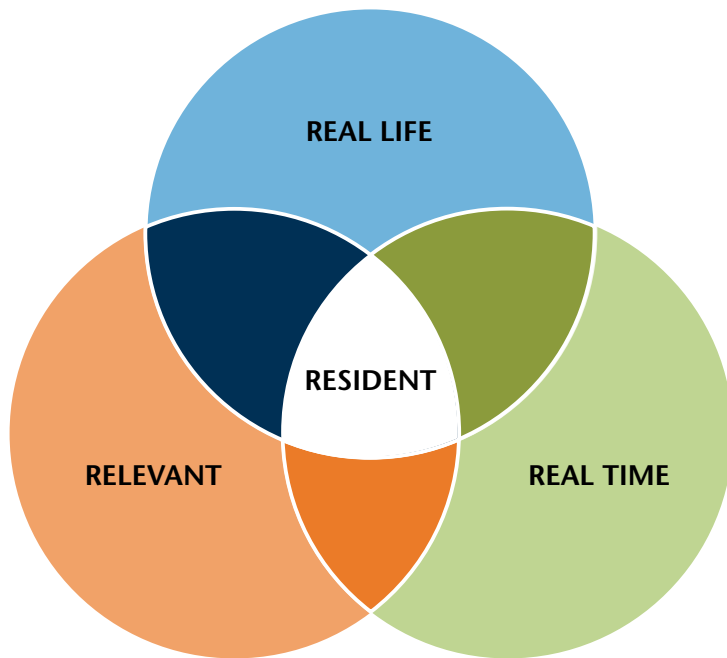
Psychiatry, psychology, psychotherapy, expressive and experiential therapies, and social mentoring are all synthesized into an active treatment experience that is real life, real time and relevant.



Social Integration Model

As the basis for all of our programs, our unique and internally developed Social Integration Model is rooted in the belief that it is our utmost responsibility to prepare our residents for life outside of treatment. Our Social Integration Model immerses residents into real life activities within the community every day of their treatment experience. Our staff uses every opportunity to intervene and teach, right there in the moment. Residents benefit from immediate feedback, guidance and mentoring.

The Social Integration Model synthesizes psychiatric, psychological, psycho-therapeutic, expressive and experiential therapies, as well as social mentoring into a socially active treatment experience that is relevant in today's world. Social, recreational, cultural and life skills activities within the community form a core component of our treatment programs, which are designed to enhance the skills necessary to rebuild relationships with family and friends, and to prepare our residents for their journey after leaving our services.



WHO WE SERVE

We serve adults (18 and over) with cognitive, emotional, developmental and social deficits. Some of the diagnoses we treat include:

- ▶ Thought Disorders
 - Schizophreniform Disorder
 - Schizophrenia
 - Schizoaffective Disorder
 - Psychosis NOS
 - ▶ Mood Disorders
 - Bipolar Disorders
 - Depression
 - Depressive Disorder
 - ▶ Pervasive Developmental Disorders
 - Asperger's Syndrome
 - Pervasive Developmental Disorder (PDD-NOS)
 - ▶ Social and interpersonal deficits
 - Severe social anxiety
 - Co-occurring substance abuse issues with primary psychiatric disorders
 - Attention Deficit Disorders
 - Tic Disorders
 - ▶ Anxiety Disorders
 - Generalized Anxiety Disorder
 - Obsessive-Compulsive Disorder
 - Panic Disorder
- All residents are voluntary and provide consent for treatment.

Clinical and Social Integration Services

- ▶ Review and Synthesis of prior clinical records
- ▶ Psychiatric Evaluation
- ▶ Medication Management and Medication Education with physician
- ▶ Assistance with Medication Administration and Self-Sufficiency
- ▶ Individual, Group and Family Psychotherapies
- ▶ Cognitive Behavioral Therapy (CBT)
- ▶ Dialectical Behavioral Therapy (DBT)
- ▶ Psycho-Educational Groups
- ▶ Individual and Group Therapy for Addiction and Substance Abuse
- ▶ Relapse Prevention Planning
- ▶ Assistance with 12-step and Recovery Services
- ▶ Recreational and Activities Therapies
- ▶ Art Therapy
- ▶ Equine/Animal Assisted Therapy
- ▶ Music Therapy
- ▶ Discharge planning and care coordination
- ▶ Social and Cultural Activities within the Community
- ▶ Case Management and Service Coordination
- ▶ Academic Support and Academic Accommodations
- ▶ Housing and Community Living Supports
- ▶ Life Skills and Independent Living Skills Training
- ▶ Social Mentoring



Pasadena Villa®

ORLANDO



Pasadena Villa - Orlando

Located in the “cultural corridor” of Orlando, Florida, Pasadena Villa is a 14-bed residential treatment facility licensed by the Florida Agency for Health Care Administration. The coed facility utilizes the Pasadena Villa Social Integration Model® and was one of the first programs of its kind in the country to base its treatment on social integration.

The program at Pasadena Villa revolves around a comprehensive plan of education, support and therapy. All residents have a primary therapist that develops an individual treatment plan as well as structured group activities to help the resident make real gains toward independent living. The residents’ nutrition and fitness are assessed, and our recreational therapists develop and coordinate an active program to improve their physical and nutritional wellness.



Our team implements a program philosophy based on preserving the individual dignity of our residents, recognizing and responding to individual needs, and celebrating the many daily victories in their lives.



Daily life at Pasadena Villa revolves around our unique “therapeutic community”, which is really the world around us, and the community in which our residents live, work, learn and play.

Community Residential Homes

Pasadena Villa is dedicated to providing opportunities for residents to live as independently as possible within the community and to integrate socially into the world around them. This is why we offer Community Residential Homes in quaint, pedestrian friendly neighborhoods in Orlando. Each CRH, licensed by the Florida Agency for Health Care Administration, offers a safe and comfortable home-like environment. Staff provides a host of treatment and support services which are customized to guide each resident to reach his or her highest levels of functioning possible.





Smoky Mountain Lodge

With breathtaking views of the Great Smoky Mountains National Park and spectacular onsite formal gardens, Smoky Mountain Lodge is an awe-inspiring facility built with local Tennessee ledge stone, nestled on a peaceful mountainside. The white twisting mists settle in the valleys of the world renowned Smoky Mountains and the relaxing sounds of the mountain streams contribute to our healthy treatment environment.

Smoky Mountain Lodge utilizes several locales for social, cultural, recreational and life skills activities. Along with the National Park, nearby Gatlinburg, Pigeon Forge and Knoxville provide recreational, wilderness, educational, cultural and urban activity options. This allows for full implementation of our Social Integration Model combining clinical excellence with real life experiences.

Smoky Mountain Lodge offers 29 private bedrooms, all with queen size beds and private baths, large activity and exercise rooms, and captivating views in a mountain lodge setting.

Our culinary staff provide healthy meals served “family style” at our uniquely designed, artisan built 48 foot long banquet table. The close proximity to the National Park allows us to incorporate a variety of wilderness and outdoor recreational activities into our core curriculum. The program features equine/animal assisted therapy and access to private lands for therapy, riding and hiking.



The Stables at Smoky Mountain Lodge

Smoky Ridge Stables is nearby adjunct 60 acres of rolling hills, forests and fields where we conduct equine/animal assisted therapy and other animal assisted interventions. In addition to the stables that house the therapy horses, there is an onsite group activities building.



WHAT IS EQUINE/ANIMAL ASSISTED THERAPY?

Equine/animal assisted therapy uses horses and animals in experiential based therapy sessions with a therapist and an animal care specialist. The focus is to promote growth and learning in an individual's life in a non-traditional venue. There are many self-improvement skills to be learned from participating in equine/animal assisted therapy sessions, some of which include:

- ▶ Verbal communication
- ▶ Nonverbal communication
- ▶ Responsibility
- ▶ Imagination
- ▶ Accountability
- ▶ Increased self esteem
- ▶ Problem solving
- ▶ Assertiveness
- ▶ Creative thinking
- ▶ Leadership
- ▶ Teamwork
- ▶ Overcoming fears
- ▶ Increasing self-worth
- ▶ Anger management
- ▶ Empathy



NEARBY UNIVERSITIES AND COLLEGES

There are many universities and colleges in the area including: University of Tennessee at Knoxville (utk.edu), Maryville College (maryvillecollege.edu), Walters State Community College (ws.edu), Pellissippi State Community College (pstcc.edu), Johnson University (jbc.edu), Carson-Newman College (cn.edu).

Centers of Excellence

Our programs are recognized as clinical centers of excellence by colleges and universities that place practicum and intern students at our sites for training purposes. Some of the schools for whom we provide clinical placements and supervision include the University of Central Florida, Rollins College, Valencia Community College, Full Sail University, Seminole State College of Florida, Stetson University, the Florida Hospital College of Health Sciences, Remington College of Nursing and Palm Beach Atlantic University. Pasadena Villa is a training site for medical students at the University of Central Florida College of Medicine.



Another indicator of our center of excellence recognition is the broad base of professionals who refer to our programs. Professional referents include psychiatrists, mental health professionals, interventionists, educational consultants, healthcare consultants, colleges and universities, psychiatric hospitals, and a wide variety of treatment centers and programs.

Logos are marks of the institutions and the use thereof does not infer or constitute an endorsement of or by either party.

Levels of Care

There are multiple points of entry, and residents may be admitted to any level of care (when appropriate), without having to start at the most intensive level. Residents may move between levels of care as progress is made, or when more intensive services are needed, and enjoy continuity of care from the clinical team.

Admissions – All referrals and inquiries begin with a call to admissions staff. On this call, staff will obtain pertinent clinical and demographic information, and begin the assessment process. They will also request that certain records be forwarded for clinical review.

Intensive Residential Treatment – Our most intensive level of care, Intensive Residential Treatment offers a very high staff to resident ratio, 24 hour staffing, and a variety of therapies, education and support in a safe, comfortable environment.



Community-Based Residential Treatment – Less intensive residential care provided in single family homes within the community. These homes offer some day and nighttime supervision by our staff, but supervision on premises is not provided 24 hours per day. On-call staff are available at all times 24 hr/ day 7 days/wk, as well as customized interventions to promote independence and recovery. Residents may participate in programming full-time at Pasadena Villa during the daytime hours as determined in their individual treatment plans.



Day Treatment – Day Treatment is more intensive than out patient care, but less intensive than our community-based residential treatment. Residents live quasi-independently in their own residences and participate in therapeutic activities during the day and even on weekends.



Supported Housing – For residents living in their own residences, Supported Housing provides a myriad of housing, social and life skills support all designed to promote independence, social integration and the highest levels of personal functioning possible.

Admissions for:



REFERRALS AND ADMISSIONS

All referrals and inquiries begin with a call to our Admissions Staff, who are specialists in client intake and assessment.

On this call, they will obtain pertinent clinical and demographic information, and begin the assessment process. They will also request that certain records be forwarded to them for clinical review, including:

- ▶ Most recent psychiatric evaluation
- ▶ Most recent history and physical
- ▶ Most recent psycho-social history
- ▶ Most recent clinical notes
(if in a treatment program)
- ▶ List of current medications
(dosage and frequency)
- ▶ Other clinical or educational records
that may be useful



All potential residents are encouraged to complete our Online Application for treatment. This application may be completed by the client, a parent or a professional referent.

FEEES

All of the programs in the Pasadena Villa system are generally private pay, and families/guarantors are responsible for the cost of treatment. But, we are genuinely committed to assisting our families in any way possible to allow them to access services. In this pursuit, we have policies in place that allow us to assist families with verification of insurance benefits and the filing of claims, when applicable.

The costs of treatment are determined by the individual's level of care and which program will be providing services. Our fees are per diem (daily) all-inclusive rates, which include all clinical services, attending psychiatrist fees, program activities and room and board. The costs of medication are not included in the daily rate.

*To make a referral
or for more information,*

contact our Admissions Coordinator at (877) 845-5235,
or visit our website at www.pasadenavilla.com



Pasadena Villa®
625 Virginia Drive, Orlando, FL 32803
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